

Internet Infidelity Scale

PsycTESTS Citation: Docan-Morgan, T., & Docan, C. A. (2007). Internet Infidelity Scale [Database record]. Retrieved from PsycTESTS. doi: 10.1037/t24758-000

Test Shown: Full

Test Format:

The Self Infidelity and Partner Infidelity versions of this questionnaire each contain 44-items and employ the following scale: 1 = not infidelity, 2 = slight degree, 3 = considerable, 4 = strong degree, 5 = highest degree of infidelity.

Source: Author supplied

Original Publication:

Docan-Morgan, Tony, & Docan, Carol A. (2007). Internet infidelity: Double standards and the differing views of women and men. Communication Quarterly, Vol 55(3), 317-342. doi: 10.1080/01463370701492519

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Internet Infidelity Scale Version: Self Infidelity (i.e., Your Own Actions)

Behavior Assume that your partner DOES NOT KNOW you are engaging in these behaviors.	Rank scenario how severe 1-5. 1= not infidelity	Behavior Assume that your partner DOES NOT KNOW you are engaging in these behaviors.	Rank scenario how severe 1-5. 1= not infidelity
Assume that the person you are interacting with on-line is someone to whom you could be romantically attracted.	2=slight degree 3=considerable 4=strong degree 5=highest degree	Assume that the person you are interacting with on-line is someone to whom you could be romantically attracted.	2=slight degree 3=considerable 4=strong degree 5=highest degree
1. Using flirtatious language with a person		13. Sending e-mails to a person you	
you meet in an Internet chat room.		met on-line that discuss issues you don't like about your partner.	
2. Chatting with a person you met in an		14. Sending an E-card to a person	
Internet chat room about how your day went.		you met on-line that involves flirtatious comments.	
3. Having a conversation about your sex life in an Internet chat room with a person you		15. E-mailing a person you met on- line everyday about your life.	
met on-line.		nie everydag acout your nier	
4. Having emotional feelings for a person		16. Having intellectual e-mail	
you met in a chat room after a few months of chatting with them.		conversations with a person you met on the Internet.	
of chatting with them.		on the internet.	
5. Telling a person you met in a chat room		17. E-mailing secrets that you do not	
that you love them while chatting on-line.		tell your partner to a person you met on-line.	
6. Chatting about meeting someone in		18. Keeping in touch with an ex-	
person whom you met in an Internet chat room.		partner over e-mail.	
7. Giving your e-mail address to a person		19. Sending a friendly e-mail to	
you met in a chat room.		someone you met on-line.	
8. Chatting about your favorite sports team		20. Using Instant Messenger to tell a	
with a person you met in a chat room.		person you met on-line that you care for them.	
9. Having friendly conversations with		21. E-mailing a picture of yourself to	
people in a chat room titled "Married and Looking."		a person you met on-line.	
10. Seeking relationship advice on-line		22. Joking around with a person you	
from a person you met on-line in a chat room.		met on-line in an Internet chat room.	
11. Sending e-mails to a person you met on-		23. Having an ongoing philosophical	
line.		conversation about love through e- mail with a person you met on-line.	
12. Talking about your problems with a person you met in an Internet chat room.		24. E-mailing a person you met on- line for relationship advice.	

Internet Infidelity Scale Version: Self Infidelity (i.e., Your Own Actions)

Behavior	Rank scenario	Behavior	Rank scenario
Assume that your partner DOES NOT KNOW you are engaging in these	how severe 1-5.	Assume that your partner DOES NOT KNOW you are engaging in	how severe 1-5.
behaviors.	1= not infidelity	these behaviors.	1= not infidelity
	2=slight degree		2=slight degree
Assume that the person you are interacting with on-line is someone to whom you	3=considerable	Assume that the person you are interacting with on-line is someone	3=considerable
could be romantically attracted.	4=strong degree	to whom you could be romantically attracted.	4=strong degree
	5=highest degree		5=highest degree

25. Developing a friendship with a person	35. Instant messaging with a person
you met in an Internet chat room.	you met in an Internet chat room.
26. Creating a pet name for a person you met in an Internet chat room.	36. Having friendly conversations on Instant Messenger with your ex- partner.
27. Having a serious conversation with someone in an Internet chat room whom you met on-line.	37. Using Instant messenger to communicate with a person you met on-line about relational problems with your partner.
28. Complimenting someone you meet in an Internet chat room.	38. Communicating with a person you met on-line in a flirtatious manner through Instant Messenger.
29. Having an intimate relationship with a person you met on-line.	39. Viewing personal ads on the Internet.
30. Looking at pornography on the Internet.	40. Using Instant Messenger with a person you met on-line to talk about current events and the news.
31. Playing a game such as checkers on the Internet with a person you met on-line.	41. Joking around on Instant Messenger with a person you met on- line.
32. Posting your own personal ad on the Internet seeking other partners.	42. Asking for someone you met on the Internet to do a favor for you.
33. Making plans to meet someone in person that you met on-line.	43. Instant Messaging with someone you met on-line before you go to bed every night.
34. Using the Internet to meet needs not being met in your relationship.	44. Having cybersex with a person you met in a chat room. (Cybersex involves an interchange of text that includes sexual role playing, and usually is done in a chat room or through Instant Messenger; similar to phone sex, but on the Internet.)

Internet Infidelity Scale Version: Partner Infidelity (i.e., Your Partner's Actions)

Behavior Assume that you DO NOT KNOW that your partner is engaging in these behaviors when they occur. If you do not have a partner, respond as if you do. Assume that the person your partner is interacting with online is someone to whom your partner could be romantically attracted.	Rank scenario how severe 1-5. 1= not infidelity 2=slight degree 3=considerable 4=strong degree 5=highest degree	Behavior Assume that you DO NOT KNOW that your partner is engaging in these behaviors when they occur. If you do not have a partner, respond as if you do. Assume that the person your partner is interacting with online is someone to whom your partner could be romantically attracted.	Rank scenario how severe 1-5. 1= not infidelity 2=slight degree 3=considerable 4=strong degree 5=highest degree
1. Your partner using flirtatious language with a person he/she met in an Internet chat room.		13. Your partner sending e-mails to a person he/she met on-line that discuss issues he/she doesn't like about you.	
2. Your partner chatting with a person he/she met in an Internet chat room about how his/her day went.		14. Your partner sending an E-card to a person he/she met on-line that involves flirtatious comments.	
3. Your partner having a conversation about his/her sex life in an Internet chat room with a person he/she met on-line.		15. Your partner e-mailing a person he/she met on-line everyday about his/her life.	
4. Your partner having emotional feelings for a person he/she met in a chat room after a few months of chatting with them.		16. Your partner having intellectual e- mail conversations with a person he/she met on the Internet.	
5. Your partner telling a person that he/she met in a chat room that he/she loves them while chatting online.		17. Your partner e-mailing secrets that he/she does not tell you to a person he/she met on-line.	
6. Your partner chatting about meeting someone in person whom he/she met in an Internet chat room.		18. Your partner keeping in touch with an ex-partner over e-mail.	
7. Your partner giving his/her e-mail address to a person he/she met in a chat room.		19. Your partner sending a friendly e- mail to someone he/she met on-line.	
8. Your partner chatting about his/her favorite sports team with a person he/she met in a chat room.		20. Your partner using Instant Messenger to tell a person he/she met on-line that he/she cares for them.	
9. You partner having friendly conversations with people in a chat room titled "Married and Looking."		21. Your partner e-mailing a picture of him/herself to a person he/she met on-line.	
10. Your partner seeking relationship advice on-line from a person he/she met on-line in a chat room.		22. Your partner joking around with a person he/she met on-line in an Internet chat room.	
11. Your partner sending e-mails to a person he/she met on-line.		23. Your partner having an ongoing philosophical conversation about love through e-mail with a person he/she met on-line.	
12. Your partner talking about his/her		24. Your partner e-mailing a person	

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behaviors when they occur. If you do not have a partner, respond as if you do.	1= not infidelity	behaviors when they occur. If you do not have a partner, respond as if you	1= not infidelity
	2=slight degree	do.	2=slight degree
Assume that the person your partner is interacting with online is someone to	3=considerable		3=considerable
whom your partner could be romantically attracted.	4=strong degree	Assume that the person your partner is interacting with online is someone to	4=strong degree
• •	5=highest degree	whom your partner could be romantically attracted.	5=highest degree

problems with a person he/she met in an	he/she met on-line for relationship
Internet chat room.	advice.
25. Your partner developing a friendship with a person he/she met in an Internet chat room.	35. Your partner Instant Messaging with a person he/she met in an Internet chat room.
26. Your partner creating a pet name for a person he/she met in an Internet chat room.	36. Your partner having friendly conversations on Instant Messenger with his/her ex-partner.
27. Your partner having a serious conversation with someone in an Internet chat room whom he/she met on-line.	37. Your partner using Instant Messenger to communicate with a person he/she met on-line about relational problems with you.
28. Your partner complimenting someone he/she meets in an Internet chat room.	38. Your partner communicating with a person he/she met on-line in a flirtatious manner through Instant Messenger.
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		Instant Messenger; similar to phone sex, but on the Internet.)	